

Requirements

- Practice: Floating and assistences in Holotropic Breathwork, conducting groups, preparation of a music-session, a relaxation exercise and a theoretical introduction to a seminar, peer-group-practice
- Theory: knowledge about the cartography of the psyche (biographical, perinatal and transpersonal level, perinatal matrices, COEX-Systems, the dynamic of the process of spiritual death and rebirth), report of the own experience process

To obtain a final certificate, you must also complete

- 250 hours of self-development
- 150 hours of supervision
- Including 50 hours personal therapy